

## Footwear Suggestions for Orthoses

This is a list of suggestions, not recommendations. In most cases, you should not go more than one shoe size larger. If you are having trouble you may have to seek a different style, not size.

### Shoe Characteristics to use with orthoses:

- Flat external sole
- Laces/tongue opening that extends to the toes
- Removable insole

## ACCESSORIES

### Socks

- Online search AFO or KAFO socks, baby thigh high socks (for toddlers).
- Basico Girls Kid's 12 Pack School Uniform Knee High Socks.
- Over the knee sports socks.

### Shoe Horn

Stainless Steel (No Plastic)



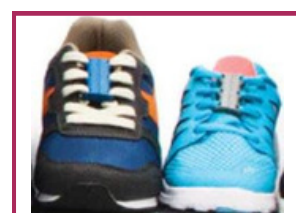
### Foot Funnel



### Laces



**Toggle / Lock Laces**





**Magnetic Shoe Laces**






These type of laces and **one handed shoe tying and tie alternatives** can be found on the internet.

# ORTHOPEDIC SHOES

\*Union O&P can provide when covered by insurance

|   |   |   |
|---|---|---|
| <p><b>*SureStep</b><br/>www.surestep.net</p>            | <p>Orthopedic extra depth<br/>and width</p> |  |
| <p><b>*Billy Footwear</b><br/>www.billyfootwear.com</p> | <p>Front zipper for easy<br/>donning</p>    |  |

# COMMERCIAL SHOES

|  |   |   |
|--|---|---|
| <p><b>Skateboard style</b><br/>DC/Airwalks/<br/>Nike/Vans/Adidas</p> | <p>Flat sole, wide toe box</p>                      |   |
| <p><b>Easy Up</b></p>  | <p>Rear entry for easy<br/>donning</p>              |  |
| <p><b>Tsukihoshi</b></p>   | <p>Flexible sole (not good<br/>for toe walkers)</p> |  |
| <p><b>Billy Footwear</b></p>   | <p>Front zipper for easy<br/>donning</p>            |  |
| <p><b>Sketchers</b></p>  | <p>Zipper for easy<br/>donning</p>                  |  |
| <p><b>K Swiss</b></p>  | <p>Flat Bottom</p>                                  |  |

# COMMERCIAL SHOES

|   |   |   |
|---|---|---|
| <p><b>New Balance</b></p>               | <p>4E and 6E in some styles (online only)</p>                           |    |
| <p><b>Nike Flex Advance FlyEase</b></p> | <p>extra-wide opening so little feet slip right in</p>                  |    |
| <p><b>Stonz</b></p>                     | <p>Winter Boots</p>   |    |
| <p><b>Koolway Sports</b></p>            | <p>Sportswear for disabilities</p>                                      |   |
| <p><b>BILLY EZ Boots</b></p>            | <p>Water resistant, two straight zippers for easy in and out access</p> |  |
| <p><b>Mt. Emey</b></p>                  | <p>Extra depth and width</p>  |  |
| <p><b>Hatchback Footwear</b></p>        | <p>Adaptive wider and deeper fit</p>                                    |  |